

# SACRED HEART SERIES

Novena Reflections



## Day 4: “Love of the Heart of Christ, inflame my heart”

**Fruit:** To gaze on the heart of Christ that has loved me so much and allow myself to be inflamed by the fire of his love. Allow myself to be surprised and marvel at the great mystery of love that is his Incarnation. Allow St. Paul’s words speak to me personally: “He loved me and gave himself up for me.”

### **Petition:**

Lord Jesus, give me the grace to know you more intimately, to enter into your heart and experience your personal love for me. Jesus, just as you love me, I ask you for this grace:  
Make me fall passionately in love with you!

**1. “For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life”. Jn 3: 16**

- **“I will betroth you to Me forever; yes, I will betroth you to Me in righteousness and in justice, in loving kindness and in compassion, and I will betroth you to Me in faithfulness. Then **you will know the Lord**”.** Hosea 2: 19-20

- **“Behold, days are coming,” declares the Lord, “when **I will make a new covenant with the house of Israel and with the house of Judah, not like the covenant which I made with their fathers in the day I took them by the hand to bring them out of the land of Egypt, My covenant which they broke, although I was a husband to them,**” declares the Lord. “But this is the covenant which I will make with the house of Israel after those days,” declares the Lord, **“I will put My law within them and on their heart I will write it; and I will be their God, and they shall be My people. They will not teach again, each man his neighbor and each man his brother, saying, ‘Know the Lord,’ for they will all know Me, from the least of them to the greatest of them,**” declares the Lord, “for I will forgive their iniquity, and their sin I will remember no more”. Jeremiah 31: 31-34**

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- *“Moreover, I will give you a **new heart** and put a **new spirit** within you; and I will remove the heart of stone from your flesh and give you a **heart of flesh**...You will be my people and I will be your God”.* Ezekiel 36: 26,28

## **2. “And the Word became flesh, and dwelt among us”. Jn 1:14**

*“For we do not have a high priest who cannot sympathize with our weaknesses, but one who has been tempted in all things as we are, yet without sin”.* Hb 4: 15

*“He emptied Himself, taking the form of a bond-servant, and being made in the likeness of men”.* Phil 2: 7

### **Prayer:**

Lord Jesus, one day your apostles asked of you : “Jesus, teach us how to pray.” Today, I want to ask you: “Jesus, teach me to LOVE like you”. Let me enter into your heart and discover the treasures of your love. I cannot achieve this on my own, only you can give me the grace to understand the depth and totality of your love for every soul and your personal love for me. Thank you, Jesus, for loving me so much, for becoming a man for me, for living for me, for dying for me. Don't ever let me forget this. Whatever happens, may I never become blind to this truth that is the foundation of my life. YOU LOVE ME! No matter what happens, the direction or course my life takes, I know you will always be there loving me. And that you will always be my strength, my comfort, my joy, my EVERYTHING.

***With the love of your Heart, inflame my heart!***

### **For prayer and reflection:**

1. Have I experienced in my life the personal, real, and merciful love of Jesus? Take a moment of prayer and write down the most recent experience.
2. Is there anything in me that resists accepting this personal and unconditional love of Jesus for my soul? If so, what is it that I am resisting? What does Jesus tell me about this?
3. What could help me remember daily that I live under the merciful gaze of God?

Image:

Juarez, Gera (n.d.). *Sacred Heart Mosaic*. [Photograph]. Parroquia del Espíritu Santo, Monterrey, N.L. México.  
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